

Do you want to be a living donor?

Yes

Yes

Do you know the person you are considering donating to?

No

Please contact the [hospital/transplant centre](#) where the person you wish to donate to are cared for, or email enquiries@nhsbt.nhs.uk.

If you do not have a recipient in mind and wish to donate anonymously, please contact the Living Donor Coordinator in your [local transplant centre](#) who can advise you on the process.

A consultant will explain you the procedure and risks. The medical team will carry out a series of tests to assess your suitability and match you with the patient. Donors are assessed individually to ensure they are healthy enough to donate. The assessment procedure can take anything from three to 18 months and involves a whole series of blood tests, scans and physical and psychological assessments.

If you are considered physically and psychologically healthy, you will then see an Independent Assessor (IA) from the Human Tissue Authority. The IA will produce a report and submit to HTA for consideration. The HTA will provide a decision if the transplant can go ahead.

It is also important to remember that even if you do volunteer, you can change your mind at any point in the process – right up to the time of surgery.